

Interne Läufe Meisterschaft 2023



LSV KLOTEN-BASSERSDORF

Bremgartner Reusslauf - 25.2.2023

Strecke	Kategorie	Rang	Name	Zeit	Min/km
10.0	F60	1.	Kategoriesiegerin	00:42:44	00:04:16
		11.	Hartmann Brigitte	00:49:49	00:04:59
		40.	Kägi Edith	01:00:58	00:06:06
	F70	1.	Kategoriesiegerin	00:49:34	00:04:57
		3.	Illli Liselotte	00:52:46	00:05:17
	M40	1.	Kategoriesieger	00:33:15	00:03:20
		31.	Hungerbühler Christian	00:39:24	00:03:56
	M60	1.	Kategoriesieger	00:38:29	00:03:51
		89.	Strickler Werner	00:55:09	00:05:31
	M70	1.	Kategoriesieger	00:41:35	00:04:10
		3.	Schällibaum Ruedi	00:44:23	00:04:26
10.0	Walking		Aeschbacher Christina	01:27:07	00:08:43



LSV KLOTEN-BASSERSDORF

Eröffnungslauf - 18.3.2023

Strecke	Kategorie	Rang	Name	Zeit	Min/km
9.1km	Damen	1.	Berger Michaela	00:44:16	00:04:52
		2.	Böckli Brigitta	00:44:46	00:04:55
		3.	Boschung Manuela	00:45:52	00:05:02
		4.	Hartmann Esther	00:50:50	00:05:35
		5.	Illli Liselotte	00:55:44	00:06:07

	Herren	1.	Hungerbühler Christian	00:38:32	00:04:14
		2.	Hess Martin	00:43:24	00:04:46
		3.	Schällibaum Ruedi	00:45:41	00:05:01
		4.	Ritzi Hansjürg	00:46:10	00:05:04
		5.	Giger Dominik	00:48:05	00:05:17
		6.	Brunold Andrea	00:52:18	00:05:45
		7.	Strickler Werner	00:52:24	00:05:45
		8.	Schäppi Gregi	00:53:53	00:05:55
		9.	Jossi Jürg	00:59:45	00:06:34
5.3 km	Walking		Anderegg Maja	00:48:18	00:09:07
			Lienhart Annemarie	00:48:18	00:09:07
			Walder Magdalena	00:48:18	00:09:07
			Hess Tanja	00:48:47	00:09:12
			Wolf Regula	00:49:44	00:09:23
			Philipona Kathrin	00:49:44	00:09:23
			Aeschbacher Christina	00:49:44	00:09:23
			Wolf Sepp	00:50:00	00:09:26
Wetter			Sonnig, 15° C		



LSV KLOTEN-BASSERSDORF

Klotener Waldlauf - 4.4.2023

Strecke	Kategorie	Rang	Name	Zeit	Min/km
9.3 km	Damen	1.	Berger Michaela	00:43:05	00:04:38
			Maurer Monika	00:43:05	00:04:38
		3.	Böckli Brigitta	00:45:04	00:04:51
		4.	Boschung Manuela	00:46:19	00:04:59
		5.	Hartmann Brigitte	00:48:51	00:05:15
		6.	Hartmann Esther	00:48:56	00:05:16
		7.	Joho Sonja	00:51:37	00:05:33
		8.	Illli Liselotte	00:52:25	00:05:38
	Herren	1.	Hungerbühler Christian	00:40:09	00:04:19
		2.	Roffler Markus	00:43:35	00:04:41
		3.	Schällibaum Ruedi	00:43:53	00:04:43
		4.	Ritzi Hansjürg	00:46:07	00:04:58
		5.	Schäppi Gregi	00:51:11	00:05:30
		6.	Strickler Werni	00:53:04	00:05:42
		7.	Dupuis Jean-Jacques	01:02:32	00:06:43
	Walking		Aeschbacher Christina		
			Walder Magdalena		

			Keller Sabine		
			Lienhart Annemarie		
			Helmut Frank		
			Wolf Regula		
			Wolf Sepp		
Wetter			Schön, Bise, 5° C		



LSV KLOTEN-BASSERSDORF

Hans-im-Glück-Lauf - 18.4.2023

Strecke	Kategorie	Rang	Name	Zeit	Min/km
6.9 km	Damen	1.	Berger Michaela	00:32:27	00:04:42
			Maurer Moni	00:32:27	00:04:42
		3.	Böckli Brigitta	00:33:30	00:04:51
		4.	Boschung Manuela	00:34:23	00:04:59
		5.	Hartmann Esther	00:38:38	00:05:36
		6.	Illi Lilo	00:40:04	00:05:48
	Herren	1.	Hungerbühler Christian	00:29:08	00:04:13
		2.	Roffler Markus	00:32:28	00:04:42
		3.	Schällibaum Ruedi	00:33:43	00:04:53
		4.	Jäggin Jörg (Gast)	00:34:09	00:04:57
		5.	Schäppi Gregor	00:39:47	00:05:46
		6.	Strickler Werner	00:40:55	00:05:56
		7.	Dupuis Jean-Jacques	00:42:30	00:06:10
		8.	Jossi Jürg	00:42:53	00:06:13
	Walking		Aeschbacher Christina	01:04:00	
			Brigitte Grolimund	01:04:00	
			Lienhart Annemarie	01:04:00	
			Wolf Regula	01:05:00	
			Helmut Frank	01:06:00	
			Wolf Sepp	01:06:00	
			Frieder Schneider	01:06:00	
			Tanja Hess	01:10:00	
Wetter			Bise, 14° C		



LSV KLOTEN-BASSERSDORF

Chloos-Bänikon-Gerlisberglauf - 2.05.2023

Strecke	Kategorie	Rang	Name	Zeit	Min/km
7.1 km	Damen	1.	Berger Michaela	00:34:14	00:04:49
			Maurer Monika	00:34:14	00:04:49
		3.	Böckli Brigitta	00:35:01	00:04:56
		4.	Boschung Manuela	00:37:20	00:05:15
		5.	Hartmann Brigitte	00:38:54	00:05:29
		6.	Hartmann Esther	00:39:05	00:05:30
	Herren	1.	Harnischfeger Milan	00:29:02	00:04:05
		2.	Hungerbühler Christian	00:30:59	00:04:22
		3.	Schlagmüller Andreas	00:36:26	00:05:08
		4.	Schäppi Gregor	00:40:25	00:05:42
		5.	Strickler Werner	00:44:00	00:06:12
	Walking		Aeschbacher Christina	01:06:00	00:09:18
			Wolf Regula	01:06:00	00:09:18
			Walder Magdalena	01:06:00	00:09:18
Wetter			Leichter Regen, 12° C		



LSV KLOTEN-BASSERSDORF

Wings for Life World Run - 7.5.2023

Strecke	Kategorie		Name	Zeit	Min/km
25.39	F30	Zug	Berger Michaela		
25.27	F55	Zug	Böckli Brigitta		
25.06	F40	Zug	Maurer Monika		
21.47	F60	Zug	Boschung Manuela		
6.60	F65	Zug	Walder Magdalena		
6.60	F65	Zug	Aeschbacher Christina		
5.97	F65	Zug	Wolf Regula		

5.76	F65	Zug	Philipona Kathrin		
3.29	F60	AppRun	Hartmann Esther		
dns	F60	AppRun	Hartmann Brigitte		
20.18	M70	Zug	Schällibaum Ruedi		
10.63	M60	Zug	Schnider Markus		
2.60	M45	Zug	Hess Martin		



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Interner Flughafenlauf - 23.5.2023

Strecke	Kategorie	Rang	Name	Zeit	Min/km
17 km	Damen	1.	Berger Michaela	01:17:40	00:04:34
		2.	Böckli Brigitta	01:21:51	00:04:49
		3.	Boschung Manuela	01:34:41	00:05:34
			Hartmann Brigitte	01:34:41	00:05:34
		5.	Hartmann Esther	01:35:35	00:05:37
		6.	Joho Sonia	01:40:47	00:05:56
	Herren	1.	Hungerbühler Christian	01:12:54	00:04:17
		2.	Peng Claudio (Gast)	01:13:47	00:04:20
		3.	Roffler Markus	01:21:04	00:04:46
		4.	Schäppi Gregor	01:33:39	00:05:31
		5.	Strickler Werner	01:51:15	00:06:33
	Walking		Aeschbacher Christina		
			Grolimund Brigitte		
			Frank Helmut		
			Walder Magdalena		
			Keller Sabine		
			Schnider Markus		
Wetter			Bedeckt, 21°		



LSV KLOTEN-BASSERSDORF

Irchel Berglauf - 20.6.2023

Strecke	Kategorie	Rang	Name	Zeit	Min/km
5.0 km	Damen	1.	Maurer Moni	00:31:21	00:06:16
310 hm		2.	Böckli Brigitta	00:31:27	00:06:17
		3.	Berger Michaela	00:31:37	00:06:19
		4.	Boschung Manuela	00:33:50	00:06:46
		5.	Hartmann Brigitte	00:35:39	00:07:08
	Herren	1.	Hungerbühler Christian	00:28:36	00:05:43
		2.	Roffler Markus	00:33:08	00:06:38
		3.	Schnider Markus	00:33:41	00:06:44
		4.	Schällibaum Ruedi	00:35:17	00:07:03
		5.	Schäppi Gregggi	00:37:48	00:07:34
		6.	Dupuis Jean-Jacques	00:41:54	00:08:23
		7.	Jossi Jürg	00:45:07	00:09:01
	Walking		Lienhart Annemarie		
			Aeschbacher Christina		
			Walder Magdalena		
			Wolf Regula		
Wetter			Bedeckt, 28° C		



LSV KLOTEN-BASSERSDORF

Ränn de Üetliberg - 1.7.2023

Strecke	Kategorie	Rang	Name	Zeit	Min/km
10.33 km	F30	1.	Kategoriesiegerin	00:43:59	00:04:15
348 hm		3.	Berger Michaela	00:52:37	00:05:06
	F60	1.	Kategoriesiegerin	00:55:10	00:05:20
		2.	Boschung Manuela	00:58:24	00:05:39
		3.	Hartmann Brigitte	01:01:26	00:05:57
	F70	1.	Kategoriesieger	01:00:32	00:05:52
		3.	Illi Lilo	01:09:00	00:06:41
	M60	1.	Kategoriesieger	00:52:10	00:05:03
		22.	Brunold Andrea	01:07:04	00:06:30



LSV KLOTEN-BASSERSDORF

Heirilauf - 08.08.2023

Strecke	Kategorie	Rang	Name	Zeit	Min/km
5.1 km	Damen	1.	Böckli Brigitta	00:23:12	00:04:33
		2.	Maurer Monika	00:23:33	00:04:37
		3.	Hartmann Brigitte	00:25:34	00:05:01
		4.	Hartmann Esther	00:26:50	00:05:16
		5.	Schäppi Ladina (Gast)	00:35:38	00:06:59
	Herren	1.	Hungerbühler Christian	00:20:10	00:03:57
		2.	Schällibaum Ruedi	00:23:59	00:04:42
		3.	Schnider Markus	00:24:56	00:04:53
		4.	Anderegg Hans	00:25:14	00:04:57
		5.	Schäppi Gregor	00:27:35	00:05:25
		6.	Dupuis Jean-Jacques	00:30:23	00:05:57
		7.	Strickler Werner	00:35:45	00:07:01
Wetter			Sonnig, windstill 22°		



LSV KLOTEN-BASSERSDORF

Bärtilauf - 29.8.2023

Strecke	Kategorie	Rang	Name	Zeit	Min/km
10.5	Damen	1.	Berger Michaela	00:49:06	00:04:41
		2.	Maurer Moni	00:50:57	00:04:51
		3.	Hartmann Esther	00:59:55	00:05:42
		4.	Joho Sonja	01:00:26	00:05:45
	Herren	1.	Hungerbühler Christian	00:45:10	00:04:18
		2.	Schällibaum Ruedi	00:52:01	00:04:57
		3.	Anderegg Hans	00:54:52	00:05:14
		4.	Schäppi Gregi	00:58:10	00:05:32
		5.	Strickler Werni	01:05:53	00:06:16

10.5 km	Walking		Walder Magdalena		
			Aeschbacher Christina		
			Lienhard Annemarie		
			Frank Helmut		
			Keller Sabine		
			Wolf Sepp		
			Wolf Regula		
Wetter			Regenerisch, 13°		



LSV KLOTEN-BASSERSDORF

Bahnlauf - 12.9.2023

Strecke	Kategorie	Rang	Name	Zeit	Min/km
5.0 km	Damen	1.	Berger Michaela	00:21:01	00:04:12
		2.	Maurer Moni	00:22:29	00:04:30
		3.	Hartmann Brigitte	00:25:27	00:05:05
		4.	Hartmann Esther	00:26:25	00:05:17
	Herren	1.	Roffler Markus	00:22:41	00:04:32
		2.	Schällibaum Ruedi	00:22:55	00:04:35
	Walking		Aeschbacher Christina		
			Walder Magdalena		
			Frank Helmut		
Wetter			stark bewölkt, 24°		



LSV KLOTEN-BASSERSDORF

Wallisellerlauf - 5.11.2023

Strecke	Kategorie	Rang		Zeit	Min/km
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			Name		
10 km	F30	1.	Kategoriesiegerin	00:39:46	00:03:59
		4.	Berger Michaela	00:43:25	00:04:20
	F50	1.	Kategoriesiegerin	00:43:23	00:04:20
		2.	Brigitta Böckli	00:47:51	00:04:47
	F60	1.	Kategoriesiegerin	00:47:09	00:04:43
		3.	Boschung Manuela	00:49:23	00:04:56
	M40	1.	Kategoriesieger	00:34:02	00:03:24
		41.	Hess Martin	00:47:58	00:04:48
	M50	1.	Kategoriesieger	00:38:53	00:03:53
		24.	Roffler Markus	00:47:05	00:04:43
		50.	Schäppi Gregg	00:54:36	00:05:28
		62.	Jossi Jürg	01:01:22	00:06:08
	M65	1.	Kategoriesieger	00:42:00	00:04:12
		2.	Schällibaum Ruedi	00:45:41	00:04:34
		16.	Strickler Werner	00:59:11	00:05:55
		22.	Brunold Andrea	01:04:48	00:06:29
Nordic Walking, 7km			Lienhart Annemarie	00:59:28	00:08:30
			Aeschbacher Christina	00:59:30	00:08:30
			Walder Magdalena	00:59:43	00:08:32
			Wolf Regula	01:02:31	00:08:56