

Interne Läufe Meisterschaft 2017



LSV KLOTEN-BASSERSDORF

Silvesterlauf - 11.12.2016

| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
|---------|-----------|------|----------------------|----------|----------|
| 9.7 km | F50 | 1. | Kategoriesiegerin | 00:38:55 | 00:04:01 |
| | | 19. | Hartmann Brigitte | 00:45:27 | 00:04:41 |
| | M50 | 1. | Kategoriesieger | 00:33:51 | 00:03:29 |
| | | 145. | Schlagmüller Andreas | 00:43:49 | 00:04:31 |
| | | 265. | Marchi Fredi | 00:46:39 | 00:04:49 |
| | | 510. | Dupuis Jean-Jacques | 00:52:18 | 00:05:24 |
| | M60 | 1. | Kategoriesieger | 00:38:20 | 00:03:57 |
| | | 16. | Schällibaum Ruedi | 00:42:23 | 00:04:22 |
| | | 32. | Benninger Hansjörg | 00:45:32 | 00:04:42 |
| Wetter | | | Bewölkt, 4 Grad | | |



LSV KLOTEN-BASSERSDORF

Bremgarter Reusslauf - 4.3.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
|---------|-----------|------|----------------------|----------|----------|
| 11.0 | F40 | 1. | Kategoriesiegerin | 00:43:57 | 00:04:00 |
| | | 84. | Aeberhard Catherine | 00:58:33 | 00:05:19 |
| | F50 | 1. | Kategoriesiegerin | 00:45:07 | 00:04:06 |
| | | 18. | Boschung Manuela | 00:53:18 | 00:04:51 |
| | | 40. | Hartmann Esther | 00:56:11 | 00:05:06 |
| | | 126. | Kägi Edith | 01:06:30 | 00:06:03 |
| | M50 | 1. | Kategoriesieger | 00:39:59 | 00:03:38 |
| | | 145. | Schlagmüller Andreas | 00:51:19 | 00:04:40 |
| | | 207. | Marchi Fredi | 00:54:29 | 00:04:57 |



LSV KLOTEN-BASSERSDORF

Eröffnungslauf - 25.3.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km | |
|---------|-------------|----------|------------------------|--------------------|----------|----------|
| 9.1km | Damen | 1. | Maurer Monika | 00:41:38 | 00:04:35 | |
| | | 2. | Boschung Manuela | 00:43:53 | 00:04:49 | |
| | | 3. | Hartmann Brigitte | 00:45:35 | 00:05:01 | |
| | | 4. | Joho Sonja | 00:46:37 | 00:05:07 | |
| | | 5. | Hartmann Esther | 00:46:47 | 00:05:08 | |
| | | 6. | Bachmann Nicole | 00:50:41 | 00:05:34 | |
| | | | Benker Evelyine | 00:50:41 | 00:05:34 | |
| | | 8. | Walder Magdalena | 00:52:16 | 00:05:45 | |
| | | 9. | Kägi Edith | 00:57:34 | 00:06:20 | |
| | | | Trusgnach Ramona | 00:57:34 | 00:06:20 | |
| | | | 11. | Wolf Regula | 01:00:20 | 00:06:38 |
| | | | 12. | Grolimund Brigitte | 01:00:33 | 00:06:39 |
| | Herren | 1. | Eugster Marcel | 00:37:32 | 00:04:07 | |
| | | 2. | Hungerbühler Christian | 00:39:39 | 00:04:21 | |
| | | 3. | Beständig Richard | 00:40:30 | 00:04:27 | |
| | | 4. | Schällibaum Ruedi | 00:41:24 | 00:04:33 | |
| | | 5. | Schlagmüller Andreas | 00:43:27 | 00:04:46 | |
| | | 6. | Brunold Andrea | 00:44:33 | 00:04:54 | |
| | | 7. | Dupuis Jean-Jacques | 00:48:04 | 00:05:17 | |
| | | 8. | Dubach Herbert | 00:48:36 | 00:05:20 | |
| | | 9. | Schäppi Gregor | 00:49:07 | 00:05:24 | |
| | | 10. | Balducci Michele | 00:59:12 | 00:06:30 | |
| 5.3 km | Walking | 1. | Lienhard Annemarie | 00:45:22 | 00:08:34 | |
| | | | Koch Eva | 00:45:22 | 00:08:34 | |
| | | | Ben Mouffok Zahia | 00:45:22 | 00:08:34 | |
| | | 4. | Anderegg Maja | 00:46:16 | 00:08:44 | |
| | | | Witschi Ruedi | 00:46:16 | 00:08:44 | |
| | | | Lehmann Edith | 00:46:16 | 00:08:44 | |
| | | 7. | Aeschbacher Christina | 01:07:57 | 00:12:49 | |
| | | | Keller Max | 01:07:57 | 00:12:49 | |
| | Frei Andrea | 01:07:57 | 00:12:49 | | | |
| Wetter | | | Sonnig, 12 Grad | | | |



LSV KLOTEN-BASSERSDORF

Klotener Waldlauf - 4.4.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
|---------|-----------|------|------------------------|----------|----------|
| 8.9 km | Damen | 1. | Maurer Monika | 00:39:33 | 00:04:27 |
| | | 2. | Boschung Manuela | 00:42:08 | 00:04:44 |
| | | 3. | Sunier Mylene | 00:42:09 | 00:04:44 |
| | | 4. | Hartmann Brigitte | 00:43:51 | 00:04:56 |
| | | 5. | Böckli Brigitta | 00:44:24 | 00:04:59 |
| | | 6. | Hartmann Esther | 00:44:56 | 00:05:03 |
| | | 7. | Joho Sonja | 00:45:00 | 00:05:03 |
| | | 8. | Aeberhard Cathrine | 00:46:43 | 00:05:15 |
| | | 9. | Kägi Edith | 00:53:10 | 00:05:58 |
| | | 10. | Wolf Regula | 00:58:45 | 00:06:36 |
| | Herren | 1. | Bedmar Cesar | 00:37:35 | 00:04:13 |
| | | 2. | Hungerbühler Christian | 00:38:02 | 00:04:16 |
| | | 3. | Frei Adi | 00:38:13 | 00:04:18 |
| | | 4. | Beständig Richard | 00:38:18 | 00:04:18 |
| | | 5. | Schällibaum Ruedi | 00:39:44 | 00:04:28 |
| | | 6. | Senteler Fredi | 00:40:58 | 00:04:36 |
| | | 7. | Dupuis Jean-Jacques | 00:45:19 | 00:05:06 |
| | | 8. | Schäppi Gregi | 00:45:54 | 00:05:09 |
| | | 9. | Aeberhard Roland | 00:46:39 | 00:05:14 |
| | | 10. | Balducci Michele | 00:56:28 | 00:06:21 |
| Walking | | | Lienhard Annemarie | | |
| | | | Koch Eva | | |
| | | | Witschi Ruedi | | |
| | | | Lehmann Edith | | |
| | | | Fischbach Ruedi | | |
| Wetter | | | Bedeckt, 13 Grad | | |



LSV KLOTEN-BASSERSDORF

Hans-im-Glück-Lauf - 25.4.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km | |
|---------|-----------|------|-----------------------|------------------------|----------|----------|
| 6.85 km | Damen | 1. | Maurer Moni | 00:31:08 | 00:04:33 | |
| | | 2. | Sunier Mylène | 00:33:22 | 00:04:52 | |
| | | 3. | Hartmann Brigitte | 00:35:13 | 00:05:08 | |
| | | 4. | Hartmann Esther | 00:36:27 | 00:05:19 | |
| | | 5. | Illi Liselotte | 00:37:38 | 00:05:30 | |
| | | 6. | Benker Evelyne | 00:38:07 | 00:05:34 | |
| | | 7. | Grolimund Brigitte | 00:46:05 | 00:06:44 | |
| | | 8. | Wolf Regula | 00:46:45 | 00:06:49 | |
| | Herren | | 1. | Bedmar Cesar | 00:30:01 | 00:04:23 |
| | | | 2. | Hungerbühler Christian | 00:30:33 | 00:04:28 |
| 3. | | | Senteler Fredi | 00:31:33 | 00:04:36 | |
| 4. | | | Schällibaum Ruedi | 00:32:16 | 00:04:43 | |
| 5. | | | Beständig Richard | 00:32:29 | 00:04:45 | |
| 6. | | | Benninger Hansjörg | 00:34:53 | 00:05:06 | |
| 7. | | | Dupuis Jean-Jacques | 00:36:35 | 00:05:20 | |
| 8. | | | Jäggin Jörg (Gast) | 00:37:24 | 00:05:28 | |
| 9. | | | Ritzi Hansjörg | 00:38:13 | 00:05:35 | |
| 10. | | | Wolf Sepp | 00:40:43 | 00:05:57 | |
| Wetter | | | Starker Regen, 9 Grad | | | |



LSV KLOTEN-BASSERSDORF

Chloos-Bänikon-Gerlisberglauf - 16.05.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
|---------|-----------|------|------------------------|----------|----------|
| 7.2 | Damen | 1. | Maurer Monika | 00:32:19 | 00:04:29 |
| | | 2. | Hanimann Anja | 00:33:42 | 00:04:41 |
| | | 3. | Sunier Mylene | 00:34:59 | 00:04:52 |
| | | 4. | Böckli Brigitta | 00:35:56 | 00:04:59 |
| | | 5. | Hartmann Brigitte | 00:36:29 | 00:05:04 |
| | | 6. | Joho Sonja | 00:37:34 | 00:05:13 |
| | | 7. | Hartmann Esti | 00:38:18 | 00:05:19 |
| | | 8. | Aeberhard Catherine | 00:39:07 | 00:05:26 |
| | | 9. | Grolimund Brigitte | 00:46:58 | 00:06:31 |
| | Herren | 1. | Bedmar César | 00:30:43 | 00:04:16 |
| | | 2. | Hungerbühler Christian | 00:31:33 | 00:04:23 |
| | | 3. | Frei Adi | 00:32:19 | 00:04:29 |
| | | 4. | Schällibaum Ruedi | 00:33:42 | 00:04:41 |
| | | 5. | Brunold Andrea | 00:36:16 | 00:05:02 |
| | | 6. | Schäppi Gregi | 00:37:20 | 00:05:11 |
| | | 7. | Marchi Fredi | 00:39:08 | 00:05:26 |
| | | 8. | Aeberhard Roland | 00:40:15 | 00:05:35 |
| | | 9. | Dupuis Jean-Jacques | 00:43:14 | 00:06:00 |
| | Walking | | Wolf Regula | 01:15:00 | 00:10:25 |
| | | | Philipona Kathrin | 01:15:00 | 00:10:25 |
| | | | Balducci Michele | 01:15:00 | 00:10:25 |
| | | | Lienhart Annemarie | 01:15:00 | 00:10:25 |
| | | | Lehmann Edith | 01:15:00 | 00:10:25 |
| Wetter | | | Sonnig, 25° | | |



LSV KLOTEN-BASSERSDORF

Interner Flughafenlauf - 30.5.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
|---------|-----------|------|------------------------|----------|----------|
| 17 km | Damen | 1. | Maurer Monika | 01:23:48 | 00:04:56 |
| | | 2. | Boschung Manuela | 01:26:44 | 00:05:06 |
| | | 3. | Hartmann Brigitte | 01:31:51 | 00:05:24 |
| | | 4. | Aeberhard Catherine | 01:31:55 | 00:05:24 |
| | | 5. | Hartmann Esti | 01:33:06 | 00:05:29 |
| | | 6. | Joho Sonia | 01:35:15 | 00:05:36 |
| | | 7. | Walder Magdalena | 01:41:44 | 00:05:59 |
| | | 8. | Tantanini Rahel | 01:58:56 | 00:07:00 |
| | | 9. | Grollimund Brigitte | 02:07:59 | 00:07:32 |
| | | 10. | Wolf Regula | 02:08:48 | 00:07:35 |
| | Herren | 1. | Bedmar Cesar | 01:17:23 | 00:04:33 |
| | | 2. | Hungerbühler Christian | 01:18:04 | 00:04:36 |
| | | 3. | Beständig Richard | 01:18:44 | 00:04:38 |
| | | 4. | Schällibaum Ruedi | 01:21:16 | 00:04:47 |
| | | 5. | Schlagmüller Andreas | 01:25:56 | 00:05:03 |
| | | 6. | Schäppi Gregi | 01:33:52 | 00:05:31 |
| | | 7. | Aeberhard Roland | 01:36:47 | 00:05:42 |
| | | 8. | Schenk Christian | 01:43:30 | 00:06:05 |
| | | | | | |
| | | | | | |
| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
| 7.5 km | Walking | | Lehmann Edit | | |
| | | | Aeschbacher Christine | | |
| | | | Philipona Kathrin | | |
| | | | Koch Eva | | |
| | | | Keller Max | | |
| | | | Balducci Michele | | |
| Wetter | | | 28°, schwül | | |



LSV KLOTEN-BASSERSDORF

Forchlauf - 7.06.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
|----------------|------------------|-------------|----------------------|-------------|---------------|
| 1.15 km | Herren | 1. | Sieger | 00:55:08 | 00:03:39 |
| | | 74. | Schlagmüller Andreas | 01:15:30 | 00:05:00 |
| | | | | | |



LSV KLOTEN-BASSERSDORF

Irchel Berglauf - 4.7.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
|-----------------|-----------|------|------------------------|----------|----------|
| 5.0 km 280hm | Damen | 1. | Hanimann Anja | 00:28:55 | 00:05:47 |
| | | 2. | Maurer Monika | 00:29:58 | 00:06:00 |
| | | 3. | Boschung Manuela | 00:32:02 | 00:06:24 |
| | | 4. | Böckli Brigitta | 00:32:38 | 00:06:32 |
| | | 5. | Hartmann Brigitte | 00:34:43 | 00:06:57 |
| | | 6. | Joho Sonja | 00:34:45 | 00:06:57 |
| | | 7. | Illi Lilo | 00:34:53 | 00:06:59 |
| | | 8. | Walder Magdalena | 00:37:56 | 00:07:35 |
| | | 9. | Benker Evelyne | 00:40:09 | 00:08:02 |
| | | 10. | Grolimund Brigitte | 00:42:07 | 00:08:25 |
| | Herren | 1 | Hungerbühler Christian | 00:28:23 | 00:05:41 |
| | | 2. | Bedmar César | 00:28:38 | 00:05:44 |
| | | 3. | Beständig Richard | 00:31:17 | 00:06:15 |
| | | 4. | Schällibaum Ruedi | 00:32:03 | 00:06:25 |
| | | 5. | Brunold Andrea | 00:33:07 | 00:06:37 |
| | | 6. | Marchi Fredi | 00:34:14 | 00:06:51 |
| | | 7. | Dupuis Jean-Jacques | 00:35:22 | 00:07:04 |
| | | 8. | Rüedi Thomas (Gast) | 00:36:04 | 00:07:13 |
| Walking | | | Lienhart Annemarie | 00:58:00 | 00:11:36 |
| | | | Lehmann Edith | 00:58:00 | 00:11:36 |
| | | | Witschi Ruedi | 00:58:00 | 00:11:36 |
| | | | Fischbach Ruedi | 00:58:00 | 00:11:36 |
| | | | Balducci Michele | 00:58:00 | 00:11:36 |
| Wetter | | | Sonnig, 24° | | |



LSV KLOTEN-BASSERSDORF

Heiri-Lauf - 8.8.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
|---------|-----------|------|------------------------|----------|----------|
| 5.1 km | Damen | 1. | Maurer Moni | 00:21:54 | 00:04:18 |
| | | 2. | Boschung Manuela | 00:23:48 | 00:04:40 |
| | | 3. | Hartmann Brigitte | 00:24:10 | 00:04:44 |
| | | 4. | Hartmann Esther | 00:24:24 | 00:04:47 |
| | | 5. | Böckli Brigitta | 00:24:33 | 00:04:49 |
| | | 6. | Sunier Mylène | 00:25:29 | 00:05:00 |
| | | 7. | Maurer Nora (Gast) | 00:27:56 | 00:05:29 |
| | Herren | 1. | Bedmar Cesar | 00:20:36 | 00:04:02 |
| | | 2. | Hungerbühler Christian | 00:20:42 | 00:04:04 |
| | | 3. | Schällibaum Ruedi | 00:22:06 | 00:04:20 |
| | | 4. | Maurer Bruno (Gast) | 00:22:50 | 00:04:29 |
| | | 5. | Schnider Markus | 00:23:24 | 00:04:35 |
| | | 6. | Anderegg Hans | 00:23:25 | 00:04:35 |
| | | 7. | Benninger Hansjörg | 00:23:49 | 00:04:40 |
| | | 8. | Ritzi Hansjürg | 00:23:52 | 00:04:41 |
| | | 9. | Brunold Andrea | 00:23:54 | 00:04:41 |
| | | 10. | Schäppi Gregi | 00:25:15 | 00:04:57 |
| | | 11. | Kehl Pascal (Gast) | 00:25:18 | 00:04:58 |
| | | 12. | Wolf Sepp | 00:27:08 | 00:05:19 |
| | | 13. | Kürsteiner Beni | 00:32:07 | 00:06:18 |
| 5.1 km | Walking | | Aeschbacher Christine | | |
| | | | Keller Max | | |
| | | | Lienhart Annemarie | | |
| | | | Lehmann Edith | | |
| | | | Ritzi Jaqueline | | |
| | | | Witschi Ruedi | | |
| | | | Wolf Regula | | |
| Wetter | | | Bedeckt, 17° | | |



LSV KLOTEN-BASSERSDORF

5-Tage Berglaufcup - Kempton-Türli (Adetswil) - 18.8.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
|---------|-----------|------|-------------------|----------|----------|
| 4.3 km | W60 | 1. | Kategoriesiegerin | 00:22:11 | 00:05:10 |
| 285 hm | | 2. | Liselotte Illi | 00:26:23 | 00:07:20 |
| | M40 | 1. | Kategoriesieger | 00:16:29 | 00:03:50 |
| | | 20. | Bedmar César | 00:21:55 | 00:05:06 |
| | M50 | 1. | Kategoriesieger | 00:17:52 | 00:04:09 |
| | | 18. | Sagarra Eric | 00:22:26 | 00:05:13 |
| | | 32. | Brunold Andrea | 00:24:48 | 00:05:46 |



LSV KLOTEN-BASSERSDORF

Bärtlauf - 29.8.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
|---------|-----------|------|------------------------|----------|----------|
| 10.5 km | Damen | 1. | Hartmann Esther | 00:55:46 | 00:05:19 |
| | | 2. | Hartmann Brigitte | 00:56:01 | 00:05:20 |
| | | 3. | Aeberhard Catherine | 00:56:08 | 00:05:21 |
| | | 4. | Joho Sonja | 00:57:30 | 00:05:29 |
| | | 5. | Illi Lilo | 00:58:03 | 00:05:32 |
| | | 6. | Walder Magdalena | 01:01:03 | 00:05:49 |
| | | 7. | Fäh Brigitte | 01:03:31 | 00:06:03 |
| | Herren | 1. | Hungerbühler Christian | 00:46:26 | 00:04:25 |
| | | 2. | Schällibaum Ruedi | 00:50:47 | 00:04:50 |
| | | 3. | Schlagmüller Andreas | 00:51:08 | 00:04:52 |
| | | 4. | Benninger Hansjürg | 00:52:11 | 00:04:58 |
| | | 5. | Brunold Andrea | 00:55:03 | 00:05:15 |
| | | 6. | Dupuis Jean-Jacques | 00:55:52 | 00:05:19 |
| | | 7. | Aeberhard Roland | 00:56:40 | 00:05:24 |
| | | 8. | Rüedi Thomas | 01:03:32 | 00:06:03 |
| | Walking | | Aeschbacher Christine | | |
| | | | Bitterlin Fred | | |
| | | | Keller Max | | |
| | | | Lehmann Edith | | |
| | | | Wolf Regula | | |
| Wetter | | | Sonnig, windstill, 31° | | |



LSV KLOTEN-BASSERSDORF

Bahnlauf - 19.9.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
|---------|-----------|------|------------------------|----------|----------|
| 5.0 km | Damen | 1. | Maurer Monika | 00:20:56 | 00:04:11 |
| | | 2. | Boschung Manuela | 00:22:35 | 00:04:31 |
| | | 3. | Böckli Brigitta | 00:23:17 | 00:04:39 |
| | | 4. | Hartmann Brigitte | 00:23:32 | 00:04:42 |
| | | 5. | Hartmann Esther | 00:23:47 | 00:04:45 |
| | | 6. | Joho Sonja | 00:23:59 | 00:04:48 |
| | | 7. | Walder Magdalena | 00:27:10 | 00:05:26 |
| | | 8. | Kägi Edith | 00:27:59 | 00:05:36 |
| | | 9. | Grolimund Brigitte | 00:30:13 | 00:06:03 |
| | | 10. | Wolf Regula | 00:32:49 | 00:06:34 |
| | Herren | 1. | Bedmar Cesar | 00:20:15 | 00:04:03 |
| | | 2. | Hungerbühler Christian | 00:20:29 | 00:04:06 |
| | | 3. | Schnider Markus | 00:20:51 | 00:04:10 |
| | | 4. | Ritzi Hansjürg | 00:21:06 | 00:04:13 |
| | | 5. | Schällibaum Ruedi | 00:21:16 | 00:04:15 |
| | | 6. | Beständig Richard | 00:22:16 | 00:04:27 |
| | | 7. | Marchi Fredi | 00:22:28 | 00:04:30 |
| | | 8. | Benninger Hansjörg | 00:22:36 | 00:04:31 |
| | | 9. | Rüedi Thomas | 00:23:00 | 00:04:36 |
| | | 10. | Brunold Andrea | 00:23:08 | 00:04:38 |
| | | 11. | Dupuis Jean-Jacques | 00:24:57 | 00:04:59 |
| | Walking | | Lehmann Edith | 00:43:45 | 00:08:45 |
| | | | Aeschbacher Christine | 00:43:45 | 00:08:45 |
| | | | Ritzi Jacqueline | 00:43:45 | 00:08:45 |
| Wetter | | | 10°, leichter Regen | | |



LSV KLOTEN-BASSERSDORF

Wallisellerlauf - 5.11.2017

| Strecke | Kategorie | Rang | Name | Zeit | Min/km |
|----------------|-----------|------|------------------------|----------|----------|
| 10.0 km | F20 | 1. | Kategoriesiegerin | 00:38:58 | 00:03:54 |
| | | 5. | Hanimann Anja | 00:42:45 | 00:04:16 |
| | F40 | 1. | Kategoriesiegerin | 00:40:17 | 00:04:02 |
| | | 3. | Maurer Monika | 00:43:33 | 00:04:21 |
| | F50 | 1. | Kategoriesiegerin | 00:40:31 | 00:04:03 |
| | | 3. | Boschung Manuela | 00:47:13 | 00:04:43 |
| | | 5. | Hartmann Brigitte | 00:48:14 | 00:04:49 |
| | | 9. | Böckli Brigitta | 00:49:45 | 00:04:59 |
| | | 12. | Hartmann Esther | 00:50:49 | 00:05:05 |
| | | 31. | Kägi Edith | 01:02:08 | 00:06:13 |
| | | 32. | Trugsnach Ramona | 01:02:09 | 00:06:13 |
| | F60 | 1. | Kategoriesiegerin | 00:53:43 | 00:05:22 |
| | | 5. | Walder Magdalena | 00:56:46 | 00:05:41 |
| | | 7. | Wolf Regula | 01:03:55 | 00:06:23 |
| | F65 | 1. | Illi Liselotte | 00:52:31 | 00:05:15 |
| | M30 | 1. | Kategoriesieger | 00:33:05 | 00:03:19 |
| | | 13. | Hungerbühler Christian | 00:40:13 | 00:04:01 |
| | M40 | 1. | Kategoriesieger | 00:34:31 | 00:03:27 |
| | | 18. | Bedmar Cesar | 00:42:23 | 00:04:14 |
| | | 87. | Schäppi Gregor | 00:55:19 | 00:05:32 |
| | M50 | 1. | Kategoriesieger | 00:38:54 | 00:03:53 |
| | | 2. | Eugster Marcel | 00:39:01 | 00:03:54 |
| | | 12. | Caviezel Wieland | 00:42:57 | 00:04:18 |
| | | 33. | Ritzi Hansjürg | 00:47:16 | 00:04:44 |
| | | 37. | Marchi Fredi | 00:48:10 | 00:04:49 |
| | | 46. | Brunold Andrea | 00:49:01 | 00:04:54 |
| | M60 | 1. | Kategoriesieger | 00:40:39 | 00:04:04 |
| | | 3. | Anderegg Hans | 00:45:23 | 00:04:32 |
| | M65 | 1. | Kategoriesieger | 00:39:40 | 00:03:58 |
| | | 3. | Schällibaum Ruedi | 00:44:32 | 00:04:27 |
| | | 7. | Benninger Hansjörg | 00:48:58 | 00:04:54 |
| Walking 7km | | | Aeschbacher Christina | 01:00:02 | 00:06:00 |
| | | | Anderegg Maja | 01:00:52 | 00:06:05 |
| | | | Lienhart Annemarie | 01:00:49 | 00:06:05 |
| | | | Ritzi Jacqueline | 01:00:04 | 00:06:00 |
| Wetter | | | Leichter Regen, 7° | | |